The St Leo’s newsletter, “The Pride” is now posted on the College Website under St Leo’s News. This print only version will be archived on the College Website and as a hard copy available from the College reception.

Principal’s Message

Sixth Sunday of Easter –
“...Peace I leave with you; my peace I give to you...” (John 14:23-29)

Dear Parents, Guardians, Care Givers, Grandparents and Students,

Change theme from last week’s second reading – from the book of the Apocalypse (St John)

The second reading from last Sunday was from John’s book of the Apocalypse (Revelation). It was a great reading particularly for the theme of change that was to what I would be talking about to the staff the following Staff Development day.

“Then I, John, saw a new heaven and a new earth. The former heaven and the former earth had passed away, and the sea was no more. I also saw the holy city, a new Jerusalem, coming down out of heaven from God, prepared as a bride adorned for her husband...” (Rev 21:1-5A)

I presented the initial plans of the building project - the Science block will be updated and some more learning contemporary learning spaces provided in order to then commence the upgrading our existing classrooms. This will ensure an environment that will better support our learning and teaching in improving the outcomes of our students. At the same time an environment that will be safer for our College community in terms of the mix of traffic, pedestrians, visitors and deliveries.

I will elaborate on these plans over the next few weeks. We are expecting a commencement date this term. As we know with building and alterations will come change and we will be taken out of our normal routine. Disruption will be kept to a minimum and we look forward to a far more conducive environment that matches our quality learning and teaching.

At our end of Term One Assembly for Excellence held in the last week of Term One – I highlighted to both the staff and students many of our achievements in those eleven weeks. These achievements were based around our beliefs, innovation, relationships, resources, environment, leadership and life. When you look at some of the big numbers as well as the events that have taken place, we certainly have much to be proud of. Here is a summary of our achievements:

- Orientation Day and subsequent program with our with over 200 of our new students
- 350 immunisation injections
- Yr 10 Street Retreat Program
- Bible Studies – Wednesday lunchtime (this term now on Thursdays)
- Yr 12 (2012) Academic Achievement Assembly
- ESSA Results – above average in both state and system
- Visit by Christian Brs – Br Stan Cusack (past Deputy) and Br Dan Stewart
- Yr 7 3 day Camp
- Yr 12 Mid Year Exams
- Sporting Representatives at CCC, State and National Levels
- Parent Network Mtg – “The Assessment Task” (over 70 parents)
• Yr 7 Welcome Twilight BBQ
• Police visit to each Yr Group on the use of technology
• 2 German Exchange Students – Marie and Judith
• Parents in Partnership Information Evenings – Yrs 7-11
• 30 Music rehearsals (in preparation for a busy Term II – particularly the Yamaha Festival)
• Blues Award for Kieran Tonner – Australian Schools Touch Representative
• First XI Cricket Team – semi finals in Nthn Districts Cup and Downey Trophy
• Terri Slater – State and National Rep. Netball
• Approx 9900 lessons prepared and delivered
• Preparation, distribution, doing, marking and feedback of approx 9000 Assessment Tasks
• Years 7-11 Interim Reports
• Passion Week Liturgy
• Years 11 & 12 Student Catechists teaching in our state schools
• Commencement of the Debating season
• Tuesday morning and Friday lunchtime Masses in our Chapel
• “The Dish”–parents supporting those less fortunate in our local area with meals and friendships
• Historical Ash Wednesday Commencement Mass with our parish and Olor
• College Board, Literacy and Numeracy Parent Support Group and support for our students
• Open Day
• St Vincent de Paul Night Patrols

Congratulations to the entire community – students, staff, parents, past-students, and friends of St Leo’s – for all you have contributed.

Term Two will be even busier – with just 9 weeks in the Term, NAPLAN, Yr 11 and Yr 12 Retreats, Yr 8 Camp, Semester One Reports, Study Skills Seminars, Track & Field Carnival and the Outback Pilgrimage are just some of the events.

IT Issues:
As you would be aware one of our major concerns in Term One was the lack of ability to group email our parents. This issue arose as a result of our migration over to the Diocesan network at the start of Term One. A great deal of work has been done and this function will return in the next two weeks. Your Term II accounts should be the first email you will receive!

New Staff:
Welcome to our 3 new staff who are joining us for Term II whilst staff are on leave:
Mrs Sharon Gartner (PDHPE) – replacing Mr Quinn
Ms Natalie Nalbandian (RE) – replacing Ms Viski (moving to part time) and
Ms Carla Younan (English) – replacing Mrs Lawrence
Selection of staff is a most important role in the College – and I am very proud of the successful selection of these three staff members.

Term Two Staff Development Day:
Our Teaching Staff - Our focus for the day was on the introduction of the Australian Curriculum for 2014. This has been ongoing for the past 12 months and St Leo’s are in a very good position to achieve the outcomes of these new syllabi. These will commence in 2014 in Years 7 and 9 in Science, Maths, English and History. Other subjects and years groups will follow on.
Our Office Support Staff – participated in a workshop titled “Excellence in Business”. This was facilitated by 2 staff from the Catholic Schools Office. This workshop will continue throughout the year.

ANZAC Commemoration Service:
On Wednesday morning we conducted our ANZAC Memorial service in front of our ANZAC Memorial Garden which was dedicated two years ago to the life of Bryan Cullen who was killed in Vietnam on 27th November, 1967. The ceremony was led by our Senior HSIE students and the Guard was formed from 7 of our Australian Army and Air Force Cadets. I would like to congratulate all our students on the way they responded through their attentiveness and respect to the memories of those young men and women who made the ultimate sacrifice.
Linking this garden to the memory of Bryan Cullen helps students reflect and remember the Anzac tradition – the ideals of courage, endurance and mateship. To have a living memorial to a past student who gave his life for his country help keeps the Anzac tradition relevant and alive for future St Leo’s community. Photos are on the College website.

Mothers’ Day (Sunday 12th May):
On behalf of the College community I wish all our Mothers and care-givers a happy and joyous day – celebrating the great work you all do in your families, and hopefully putting your feet up for a while!
Please join us for a special Mothers’ Day Mass and Breakfast next Friday morning at 7.30am. It will be great yourselves with your children at our celebration.

**College Board Meeting – An Invitation!**
Our next Board Meeting is Wednesday 15th May commencing at 6.30pm. This will be an “Open” Board Meeting. That means the topics, processes and discussion are open to all parents. The Board does not operate in exclusion of the College or it’s community – it is very much a part of it. Come along and see what it is all about. We will conduct the meeting in the College Library. I would ask you to contact College Reception by Monday 13th May if you wish to come along.

Years 11 and 12 Mid Year Reports and Parent / Teacher / Student Evening:
A reminder that the Half Yearly Reports for Years 11 and 12 students can be collected from the College on Wednesday 22 May from 2.30 – 8.30pm. Accompanied with the collection will be the Interviews in the Light of Christ Centre.
The online booking system will be used for booking meetings with the staff. Details will soon be sent to you.

**Debating and Aerobics:**
I would like to wish our Aerobics teams the very best of luck for the NSW State “Glee and dance” competition this Sunday at Sutherland Entertainment Centre. They have been training throughout Term One - for their first (or many) public performances this year.
Our Debating teams continue with their 3rd round tonight. Our Year 8 and Year 10 teams have had two from two wins so far. The following two Friday evenings are our Home debates. I hope to see our debaters supported by their peers over these next two weeks.

*“Be obedient in heart and deed” (Saint Mary MacKillop – 23/3/1878)*

AF Gleeson, College Principal
Message from the Assistant Principal

Wearing the College Uniform
As the new term starts it is appropriate to remind parents and students of the need to wear the College uniform properly.

The students were reminded last term of the need to be in full winter uniform upon their return to school. The diary set out clearly the expectations of what to wear and our College website explained in specific detail.

However unless all of us agree that the wearing of the College uniform is an essential component of attending St Leo’s, unless the parent body reinforces this with their children and provides them with the correct uniform to do so and unless the students do the right thing by themselves, their parents and their College by wearing their uniform in the best manner possible, then all the above is for naught.

At Wednesday’s ANZAC Ceremony the students were asked to, as a sign of respect for Australian military personnel to wear their uniform properly. Most rose to this challenge. The question to be asked is why is this not the norm.

Wearing the uniform of the College in the correct manner everyday is a sign of respect. We would request that all parents support the College in this quest for respect. Students should be encouraged at all times to wear their uniform properly. This includes the proper grooming of hair and the wearing of excessive jewelry and makeup.

Attendance
When a student is absent from school parents are requested to
1 – ring the College in the morning to notify the student that the students will be absent and for how long. The College number is 9487 3555
2 – when the student returns to school a note must be sent and given to the tutor teacher. This note must give the reason for the student being absent.

When a student is late in attending a school day they are given a ‘late slip’ when they sign in. This note must be signed by the parents and returned to the tutor the next day. If lost a note of explanation for being late is required.

Parent Teacher Student Afternoon and Evening for Years 11 and 12
This will be occurring Wednesday 22 May. PTO details will be sent to parents next week with a letter of explanation in how to use this booking system. All parents are invited to use this time to enter into a communication with your child’s teachers. Students are expected to come to this event so that a meaningful dialogue and commitment to educational processes can occur.

Reports will be issued at this time.

SRC Activities
The SRC will be organizing some fund raising activities in line with Mother’s Day. Raffles of pamper packs and a cake auction will be held next week. The different Year groups have been allocated to assist with either the raffle or with the cake auction. Years 7, 8 and 9 are asked to contribute gifts towards the Mother’s Day pamper packs. Years 10, 11 and 12 are asked to bring cakes on Friday 10th May for our lunch-time auction. Money will go toward the House charities.

Chicken Pox
There has been a recent outbreak of chicken pox at a local primary school. For your information the web site for information about this disease is below.
There is a vaccine available for non-immune people.

Ms Sue White, Acting Assistant Principal
Thank you for the feedback that you provided on your sons and daughters.

If you identified subjects your child would like more help with - that information will be given to his/her class teacher to follow up on.
If you requested an interview with a particular teacher they will phone you to organise a time to meet.
Any general concerns will be addressed by the appropriate staff member.

**FEEDBACK DATA:**
95 surveys were returned -

**SENDING MY CHILD TO ST LEO’S CATHOLIC COLLEGE WAS THE RIGHT DECISION** -
YES: 91
NO: 1
UNSURE: 3

**ST LEO’S CATHOLIC COLLEGE PROVIDED A SAFE AND SUPPORTIVE LEARNING ENVIRONMENT** -
YES: 90
NO: 1
UNSURE: 4

**MY CHILD FEELS CONNECTED TO THE SCHOOL** -
YES: 90
NO: 2
UNSURE: 3

We value your support and working in partnership with you.
If you have any concerns, please do not hesitate to contact or email me.

Mrs Louise Fentoullis
Director of Pastoral Care
louise.fentoullis@dbb.org.au

**Ku-ring-gai Youth Forum**

9 students from years 10 and 11, Mrs Fentoullis and I attended the Ku-ring-gai Youth Forum at Chabad House, St Ives on the 10th April. This was the second youth forum that Ku-ring-gai Council and Kids Youth Development Service (KYDS) have run and the feedback from all who attended was that it was a beneficial and informative day.

The day was hosted by Victor Dominello, NSW Youth Minister, along with Matt Kean MP for Hornsby. Both delivered addresses about the paths of their life since adolescence that were very motivating.

A number of speakers addressed mental health issues, the highlight being a panel (“Q&A”) of experts that students could address any questions. What stuck me was what empathic, insightful questions the students asked.

The St Leo’s students participated in the day wholly, they all commented how much they learnt and a highlight was the camaraderie between all of the north shore schools at the event.

At the end of the day the students came together with Mrs Fentoullis, Senior Constable Murray (our police youth liaison officer) and myself to discuss initiatives from the day that they could bring back to school. It was decided that we would meet at school this term to follow-up on these initiatives.

Anne-Marie Newham
College Counsellor
Year 8

Welcome back for Term 2! I hope everyone enjoyed the beautiful weather during the holidays.

CAMP
By now everyone should have handed in their permission and medical notes for the Year 8 camp at Somerset Outdoor Learning Centre which is in Week 3 of this term. Our focus in year 8 tutor time will be preparing for camp. Copies of the camp information have been attached to The Pride if you need the packing list or any other details and can’t find your paper copy. Do keep an eye on your child’s packing remind them to pack for rain and / or cold nights as well as the daytime activities. A plastic bag to enclose very dirty or wet clothing within the backpack is also a good idea.

REPORTS
Well done to all the students who received excellent reports for term 1. This term’s tasks are already in the pipeline so keep organized, keep up the good work, and ask for help in good time.

Megan de Kantzow
Year 8 Co-ordinator

Year 9

I wish to welcome everyone back from the recent vacation. The students are all neatly attired in their winter uniforms.

This is a busy term with Naplan tests coming up in Week 3 on Tuesday, May 14.

We wish the Year 8 Aerobic girls all the best for the State Championships this Sunday at Sutherland. I hope to hear of their success next week.

On the pastoral side, the students will be viewing the Motivational Media presentation entitled “mad for Life”. The themes raised here will form the basis for a number for tutor discussions. Later in the term on May 31, students will also view the Brainstorm Production entitled “Cheap Thrills”.

A reminder that the Mothers Day Mass will take place on Friday May 10th starting at 7.30am.

Andrew Betty
Year 9 Co-ordinator

Year 10

Welcome back to all Year 10 students to a very busy and short 9 week term. At the end of this Term will be the St Leo's NSW Outback Retreat which has a very exciting and interesting Itinerary. The students involved will be visiting the 3 most significant and sacred Aboriginal Sites in NSW. Students will be informed of this again at the start of the Term by Mr Trainer.
Any students interested should speak to Mr. Kershler or Mr. Trainer - further details to follow!

Mr Peter Trainer
Year 10 Co-ordinator

Year 11

Welcome Back to Term 2.

Hoping all students in Year 11 had a wonderful and restful break.
One of the Highlights this Term for students and teachers is the upcoming Year 11 Retreat. The Year 11 Retreat will be held on Monday 13th through to the Wednesday 15th May. Information for this Retreat will be distributed to students on Wednesday 1st May.
Another date to add to the calendar is the Year 11 Parent/Teacher Night. This will be held on Wednesday 22nd May from 2:30pm to 8:00pm.

Lastly, I would like to Thank all the people for their Cards and “Get Well” messages whilst I was recovering from my head injury that I sustained on Easter Saturday.

Angelo Solomonides
Year 11 Coordinator
Mission News

| Come Join Us in Eucharist | Every Tuesday from 8 am  
|                          | Every Friday from 1.05 pm  
|                          | Mass in the College Chapel |
News from around the College

Donations wanted for Mother’s Day Raffle from Years 7, 8 and 9. Bring donations in on MONDAY

Money raised will be divided between the four Houses!

Cake Auction

On Friday 10\textsuperscript{th} May

Come to Berg Hall at lunch time and buy a special cake for you mum! Students in Years 10, 11 and 12 are asked to donate cakes to the activity

Money raised will be divided between the four Houses!
Sport News

Sport Term in Term 1

What a phenomenal Term 1 we have had in Sport.

The term in review:

Touch Football Gala Day
St Leo's proved to be very competitive across all age groups for both boys and girls divisions, unfortunately it was not our year of victory. However, Keeley Bowen of year 8 was selected into the U/15’s Broken Bay team.

Basketball Gala Day
All our boys teams have gone from strength to strength with our development program we have had in place since the beginning of 2012.

The Junior & Opens won the grand final and our inters were runners-up.

The girls also delivered some strong games during the competition but unfortunately we lacked height.

Open Soccer Gala Day
Our College had the privilege of convening the event at Foxglove and Montview Oval. Both our boys and girls teams did exceptionally well putting up a strong fight throughout the competition.

Nathan Tanner was selected in the boy’s Opens team for Broken Bay.

First XI Cricket
What a grand season the College has had. In the Northern District Cricket the College went through to the Semi Finals and lost by 2 runs to Hills Sports High School. In the Downie Competition the College reached an all time record by making the semi finals and were one match away from making the nationals. Unfortunately, we were defeated narrowly.

BBSSSA Swimming Championships
The Swimmers of St Leo’s were very enthusiastic about this event and really gelled well as a team. Our overall performance as a team was tremendous. Lachlan Hinds, Kaitlyn Pejkovic, Rohan Bright and Thomas Peregrina made the Broken Bay team.

Broken Bay Rugby Union
What a fantastic result we have had in the selection trials for BBSSSA Rugby Union. The College has perhaps had the most numbers selected then it has in a very long time. The likes of Brendan Dale, Adam Page, Pat La Toraca, Elia Bates and Jack Pollard were selected.

Sport in Term 2

I am looking forward to a fantastic Term 2 in sport.

During the course of term 2 expect to see some more great results.

NSWCCC Basketball Tournament
All of our boy’s basketball teams are competing in the CCC Basketball Tournament on Friday 3rd May and Saturday 4th May. Stay tuned for the results.

Aerobics Preliminary Round
The College Aerobics team has continued its tradition and has been training super hard all year. The girls arrive at school to train at 7am in the morning, this is commitment.

The College community would like to wish the girls the best of luck for this Sunday’s preliminary round at Sutherland on the 5th May 2013. Good luck girls!

Broken Bay Cross Country Championships
Wow, this team of athletes has been training each Wednesday morning at 7.15am and also met in the school holidays to train ready for the Broken Bay Championships on Wednesday 8th May 2013 at Galston. Best of luck team!!

Track and Field Carnival
Just around the corner is our Annual College Track and Field Carnival to be held at Foxglove oval. This event is a highly electrifying atmosphere of great competition and sportsmanship/sportsladyship. There are your tradition al events for the highly competitive and there are our novelty events for the less competitive.

The St Leo’s community would like to encourage families and friends to attend this event and maybe you can participate in the staff v’s students relay and caterpillar race?

U/13’s and U/15’s Soccer Gala Day
On June 18th our soccer teams will be competing in the BBSSSA Soccer Gala Day at Manlyvale. All teams have been training hard. The best of luck to all teams.

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Throughout the duration of term 2 there will be other numerous sport events so please stay tuned for dates and the results of these events.

In the next addition of the Pride you can expect to hear about the year 7-10 College Internal Sport Program.

OUR ANNUAL TRACK & FIELD CARNIVAL

REGISTER NOW!!

For students wishing to compete in a championship event for bonus House Points or to be eligible for selection into our pathway carnival at Broken Bay please click on the link below and complete the questions that follow:

https://docs.google.com/forms/d/1e3tjlhlJHkgeMXx-apzHPnVfBeU-7g6_gG_0LYq093g/viewform

Non competitive students wishing to participate just for fun need not register as there will be novelty events on the day.
ABOUT THE LITERACY & NUMERACY SUPPORT TEAM

Who are they?
This is a wonderful group of men & women who volunteer to help the students of St Leo’s. We are really pleased that 8 new Year 7 parents have joined the team this year.

This group is run and organised by a mother of past students who still dedicates her time and energies to develop children. The leader, Sarah Szacsvay, works very closely with the school’s Director of Learning and the leadership team.

Students of all ages requiring support or assistance in Literacy or Numeracy see their volunteer on a regular basis for guidance and practice of their skills.

What could I add?
One of the best outcomes of the support for the student is simply the encouragement and safe environment to give their work a go. You do not need any finely developed skills!

How will I know what to do?
The group leader, Sarah, provides all the help you need and the other volunteers are a great support and a social group amongst themselves. Training is also provided by Tony Guilliford, the Literacy Coordinator at St Leos. You pick up some great tips for your own children as well!

How can I join or find out more?
If you can spare approximately an hour to assist with reading and spelling, then please contact Sarah Szacsvay, Literacy Program Parent Co-ordinator
Phone: 9875 2843, Mobile: 0413 601 496, Email: sbutfield@hotmail.com

Meet other St Leo’s families and /or Suggest social events … contact your child’s Year Parent Representative …
If you would like to meet other St Leo’s families and /or have suggestions for social events and /or would like to get together with other parents in your child’s school year, please contact one of the Year Parent Representatives team members below. Our teams welcome new and more volunteers.
Year 7: Seeking volunteers Year 7 – 12!

Anne-Lii Hardy
alhardy1@bigpond.com
0425 305 950
Genevieve Funk
david@barnettsroad.com
9456 4663
Theresa Meury
theresameury@hotmail.com
0432 813 929
…
…
…

Year 8:

Ron James
ronjamesdesigns@yahoo.com.au
0421 346 190
Julie Kelly
jojukelly@bigpond.com
0448 484 897
Julie Birrell
thebirrells5@bigpond.com
0411 817 604
Gerry Enrique
gequez@hotmail.com  
0425 216 786

Year 9:

Deb Innis  
debrainnis@optusnet.com.au  
0407 706 244  
Genevieve Funk  
david@barnettsroad.com  
9456 4663  
Josephine Schultz  
josephineschultz@bigpond.com.au  
0403 194 361  
Vivienne Zaarour  
vivienne.zaarour@gmail.com  
0414 337 830  
Kate Ferry  
k.ferry@bigpond.net.au  
0401 996 279

Year 10:

Julie Gonzalez  
jgonzal@optusnet.com.au  
0427 706 966  
Susan Owen  
susanowendesigns@bigpond.com  
9858 3007

Year 11 and 12:

Vivienne Zaarour  
vivienne.zaarour@gmail.com  
0414 337 830  
Julie Kelly  
jojukelly@bigpond.com  
0448 484 897  
Genevieve Funk  
david@barnettsroad.com  
9456 4663  
Joanne Oliver (Harrington)  
jo.harrington1@hotmail.com  
0432 506 861  
Sue Ellen  
serixon1@hotmail.com  
0423 802 566  
Joanna Jarmusz (McFarlane)  
jjonna@tpg.com.au  
0409 713 144  
Carol-Ann McLean  
clav@tpg.com.au  
0418410552  
Debra Barnard  
debra@jenseninterceptor.info  
0401 357 063  
Sue Wittstock  
suepops@optusnet.com.au ;  
0405 579 443  
Josephine Schultz  
josephineschultz@bigpond.com.au
Connie Klimko
edsklim@bigpond.net.au
0403 194 361
Karen Walsh
karenwalsh2083@bigpond.com
0413 383 931
Cathy Bastick
cathybastick@yahoo.com.au
0427 877 576

Please note: To ensure your contact details are up-to-date to receive information and invites from the St Leo’s Parents and Community Network, please contact the college reception and admin staff.

Look out for more information about the Parent Network in the next few issues of The Pride. Find out:
Who are the St Leo’s Parent Network or Parents and Community Network?
How is it organised?
How much time is involved?
National Families Week

Families Working Together – Getting the Balance Right

May 15 – 21 2013

"Family, work, celebration: three of God’s gifts, three dimensions of our lives that must be brought into a harmonious balance. Harmonizing work schedules with family demands, professional life with fatherhood or motherhood, work with celebration, is important for building up a society with a human face."

Pope Benedict XVI World Meeting of Families in Milan 2012

The theme for the celebration of National Families Week this year is ‘Families Working Together – Getting the Balance Right’. This is a national celebration aimed at raising awareness that getting the balance right between family, work and community involvement makes for stronger families, workplaces and communities. Successful balancing achieves this because it helps us to care effectively for our entire family, including the elderly, young, ill and those with a disability. It also encourages us to be more aware of the need for parents to invest time to celebrate the vital role of family and to do things that will improve the all-round physical, spiritual and emotional wellbeing of the family unit.

The following points may provide a helpful starting point for our reflections on Getting the Balance Right in our family and in our life:

- Accepting that balance requires setting priorities, that family relationships come first;
- Acknowledging the need for balance between family time and individual time, between family solidarity and individual opportunity, we need to keep in mind that this will differ for different families;
- Reviewing balance between outside activities and time spent together as a family;
- Need for time/quiet space for ourselves as parents, including spiritual reflection opportunities provided by the diocese and parishes e.g. Parent Reflection Mornings, Parish and School Prayer Groups, Marriage Enrichment opportunities, meetKIDS weekends;
- Listening to stories of how others have found balance in their lives;
- Intentional decisions to make family time a priority for all family members e.g. family meal times, family holidays, bedtime rituals.

There can be particular challenges for many single parents attempting to raise children, run a household, work and study. All parents can feel stretched trying to balance work and family relationships, the daily demands made on time and energy can be very challenging. Often there seems too much to do and not enough time at home and at work. Balance can become ‘out of whack’ with a need to take stock and make adjustments to get the balance right.

As we consider our priorities as a family this year we could participate in the following or similar activities to celebrate the gift of our family:

- Having a special family meal to celebrate the gift of being a family;
- Create opportunities for ‘being present’ together as a family – make a special effort to engage in conversation and activities;
- Spending time looking at family photos and sharing family stories and memories;
- Organising a family games night;
- Letting the children provide dinner for their parents – and choose the evening entertainment;
- Sitting down, and relaxing with the children rather than catching up on housework;
- Planning to get home early from work for additional ‘family time’;
- A special outing as a family to visit grandparents and extended family;
- Contact (write/email/phone) family who are away – other suburbs, interstate or overseas;
- Participating in school and parish family events;
- Saying this special Family Prayer:

Loving Father, bless each member of our family.
We thank you for all the good times we have shared.
Help us to listen and understand each other.
Give us the courage to forgive one another and grant us peace in our family.
Guide and support those families who have problems.
Let us remember we are all One Family united in your love.
We make this prayer through Jesus Christ, our Son.
Amen.

Families Week provides an opportunity for us as parents to reflect on how we achieve a harmonious balance in our various life activities. The challenge is to find the balance that works for our family and family circumstances and involves families working together to give priority where it is most needed.

Janette Davidson
Diocesan Coordinator Family Life Ministries
Keep our kids safe! Park legally in school zones

Bus Zones
- Drivers are not permitted to stop within a bus zone at any time.
- If times of operation are shown on the sign, the restriction only applies during the times shown.

Double Parking
- Drivers are not permitted to stop or park between the centre of the road and another vehicle that is parked at the side of the road.
- Double parking decreases visibility for motorists and pedestrians, and significantly reduces road safety around schools.

PENALTIES EXCEED $165 PLUS 2 DEMERIT POINTS

A road safety initiative of Hornsby Shire Council in conjunction with Ku-ring Gai Police Local Area Command

Keep our kids safe! Park legally in school zones

No Parking
- Drivers may stop in this zone to drop off or pick up passengers or goods for a maximum of 2 minutes.
- The driver MUST remain in or within 3 metres of the vehicle at all times.
- The vehicle must not be left unattended.
- If times of operation are shown on the sign, the restriction only applies during the times shown.
- No Parking zones can also be used to drop off and pick up children.

No Stopping
- Stopping is not permitted at any time.
- If times of operation are shown on the sign, the restriction only applies during the times shown.

PENALTIES EXCEED $165 PLUS 2 DEMERIT POINTS

A road safety initiative of Hornsby Shire Council in conjunction with Ku-ring Gai Police Local Area Command
Relationships, Strategies, Connections, Health

Parents and carers are warmly invited to attend the 2013 series of Information Evenings.

Please note all sessions are 7:00pm – 9:30pm

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Session Title</th>
<th>Speaker</th>
<th>Location</th>
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<tbody>
<tr>
<td>Tue 14 May</td>
<td>7:00pm</td>
<td>Relationships and Resilience</td>
<td>Greg Powell</td>
<td>Galston</td>
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<tr>
<td>Wed 15 May</td>
<td>7:00pm</td>
<td>Keeping Connected with your Teenager</td>
<td>Peter Wulz</td>
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<tr>
<td>Wed 12 June</td>
<td>7:00pm</td>
<td>Self-Pacing - Messages for Parents</td>
<td>Andrea Simpson</td>
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<td>Tue 17 July</td>
<td>7:00pm</td>
<td>TeenKoin</td>
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<td>Wed 18 July</td>
<td>7:00pm</td>
<td>Bullying Strategies</td>
<td>Greg Powell</td>
<td></td>
</tr>
<tr>
<td>Wed 25 August</td>
<td>7:00pm</td>
<td>Alternative Health</td>
<td>Andrea Simpson</td>
<td></td>
</tr>
</tbody>
</table>

Hornsby - Mission Australia 1 Coronation Street

Enquiries/Bookings
Please contact CAPS (Mission Australia) on (02) 9482 1395 (living) or info@caps.org.au (business hours). Bookings are essential.

Beyond Rage and Despair

Positive, helpful ways to support families build resilience in their teens.

The Broken Bay Diocesan Parent Council invites you to join Danielle Miller, one of Australia’s foremost educators, authors and media commentators for a presentation on the issues affecting teens today.

This informative session is designed to offer specific skills parents and care givers can use to help develop resilience in teens.

At a venue in your cluster

North Shore: Monday 27th May at 7pm at Holy Family Catholic School, Lindfield
Central Coast: Tuesday 4th June at 7pm at Our Lady of the Rosary Catholic School, Lake Munmorah
Peninsula: Tuesday 11th June at 7pm at Sacred Heart Catholic School, Mornington

RSVP: www.brokenbayparentcouncil.com
For more information please contact the Parent Council Coordinator 9472890 or parentcouncil@b33.catholic.edu.au

Danielle Miller
CEO, Enlighten Education

For more on Danielle Miller’s work visit her websites:
Enlighten Education: www.enlighteneducation.com
Award winning in-school workshops for girls
Personal Site: www.daniellemiller.com
Blog: http://enlighteneducation.edublogs.org

Copies of Danielle’s book ‘The Butterfly Effect’ will be available for $20 each.
A copy of ‘The Butterfly Effect’ at $20 or the special price of $50 for two.
Payment by cash or cheque on the evening.