The St Leo’s newsletter, “The Pride” is now posted on the College Website under St Leo’s News. This print only version will be archived on the College Website and as a hard copy available from the College reception.

Principal’s Message

But the angel reassured him: “Don’t be afraid, Zechariah. Your prayer has been heard. Elizabeth, your wife, will bear you a son. You are to name him John … He’ll be filled with the Holy Spirit from the moment he leaves his mother’s womb. He will turn many sons and daughters of Israel back to their God. He will herald God’s arrival in the style and strength of Elijah. (Luke 1, 5-17)

DEAR PARENTS, GUARDIANS, CARE GIVERS, GRANDPARENTS, STUDENTS AND FRIENDS,

Last Sunday we were reminded of the birth of John the Baptist. In a reflection written by Br Julian McDonald he ponders the early careers of John and Jesus. He suggests that in this Gospel we are reminded ‘that there is meant to be a prophetic dimension to the life of everyone who commits to living the Gospel’.

So, the challenge for us as ordinary men and women is to testify through our words and our actions to God’s light of mercy, justice, compassion and integrity. At this weeks Principal’s assembly students were challenged to see the face of Jesus in others through respecting and celebrating the gifts and uniqueness of each member of our community. Students were also asked to reflect on how they were displaying the face of Jesus for others in their deeds and words.

There have been a number of outstanding events, over the past fortnight, that we can celebrate as a community.

Our annual ‘Back to Parish’ Mass was extremely successful this year and we would like to thank all our local Parish Priests and Parish communities for the memorable liturgical experience and generous hospitality. The opportunity for our students to see the link between school and parish is extremely important now and for when they leave the school as adults. It also provides an opportunity for some of our students to reconnect to their parishes and become more aware of the youth groups and activities available for young people. I encourage those students that are active in their parishes to promote the parish activities amongst your peers and I also encourage those students that are not active in a parish to investigate what is on offer and take time to reconnect or make a new connection.

We have had an extremely successful fortnight with extra-curricular activities.

Congratulations to our Symphonic Band who won a Gold Medal in the B division at the Yamaha Festival beating a number of high profile schools that are well known for their bands. I would like to thank Ms Lemin Luu and Mrs Carolyn McFarlane for developing and guiding these students to reach their potential. Well done to all.

Congratulations to our school aerobics team who performed extremely well at the State Championships at Sutherland Entertainment Centre. The Stage 1 team won a gold medal, Stage 2 and Open B’s won silver medals and our Juniors and second Open B team won bronze. Once again I would like to thank our coaching staff, Sarah Baynie, Madeleine Hogarth and Alice Crothers on their technical direction, calm guidance and excellent management of these teams. I would also like to thank the parents for transporting and supporting their kids throughout the season. This leaves us with three teams in the National Championships next term that we have recently been given the honour of hosting for the first time. Well done girls!

Last Friday our Year 9 debating team won their quarter final in the CSDA competition against Christian Brothers Lewisham. Well done to Mrs Neryle Sheldon on organising a fantastic season of debating and coaching the Year 9 team so successfully. A huge thank you to Ms Kim Jones, Mrs Lorraine Champ, Ms Donna Atkins, Mrs Ann Lawrence and Mrs Sue Jones for their coaching of debating teams this years. I would also like to thank Mrs Gail McCann, Mrs Lorraine Champ, Ms Claire Cantrall and Ms Eden Tanner for adjudicating throughout the season. Well done to all the debaters and good luck to the Year 9 team for the semi-final.
The final congratulations goes to our ‘Showcase of Stars’ who performed three massive shows last week. I had the pleasure of attending both of the evening shows for parents and friends and the matinee that was reserved for primary school kids from the local area. The messages or appreciation, positive comments and outstanding feedback for our talented actors, actresses, singers, dancers and musicians is still flooding into the school. What a great show that appealed to all ages from a wide eyed 6 year old to an extremely proud Grandmother and everyone in between. I would like to thank Mrs Jenni Viski, Mrs Olivia Gauci, Ms Rose DePomeroy, Mrs Carolyn McFarlane and Ms Ellen McFarlane for their efforts in directing, conducting, playing, choreographing this wonderful event. I would also like to thank all the wonderful staff involved in making costumes and props, attending rehearsals and supporting the front of house on the nights. It was wonderful that any student that had the desire and commitment to part of the Showcase was given the opportunity to shine and display their talents and shine they did.

A couple of reminders:
Parent teacher night letters were mailed out this week and the PTO bookings can be made via the school website.

The St Leo’s College Dinner is on the 4th August at Hornsby RSL. This is a very enjoyable night and a fantastic way to meet the parents of child’s friends. Check the website for booking details.

Students return for Term 3 on Tuesday 17th July in full winter uniform ready for another busy term of learning.

Finally, I would like to thank all the teaching and support staff for their dedication and hard work they have put into a very busy term. I would also like to thank all those students that have put in 100% effort and made a positive contribution to our wonderful school and I would like to thank all those parents who are working in partnership with school for the benefit of their children.

Have a relaxing and safe holiday (unless you are in Yr12 and then have a safe but busy holiday preparing for the trials).

Mr M Reicher
ACTING PRINCIPAL

Message from the Assistant Principal

DATES FOR TERM 3
16th July: Staff Development day – pupil free day
17th July: Students return
18th July: Student, Parent, Teacher session. From 1.30pm – 5.30pm and 6.15pm – 8.00pm (Surnames A-L)
23rd to 25th Benedictine Abbey Pilgrimage for some Yr 11 students
24th July: Student, Parent, Teacher session. From 1.30pm – 5.30pm and 6.15pm – 8.00pm (Surnames M-Z)
26th July: Year 8 Allwell Testing.

Student/Parent/Teacher Sessions

Goals are the fuel in the furnace of achievement.
Brian Tracy

As the term ends we hope that your children have been able to achieve all that they set as their goals for this semester, whether they have been in the areas of academic performance, sporting opportunities, cultural activities, enriching their social circle or involvement in the religious life of school and parish. This review will form the basis of the conversations that will be held early next term for all students in Years 7 to 10 during the student, parent teacher session and tutor lessons. Students are encouraged to be at these sessions with their parents.

Reports will be handed to parents and their child/ren prior to the session with the teachers. Please be aware that these are set for:

Wednesday 18th July from 1.30pm – 5.30pm and 6.15pm – 8.00pm (Surnames A-L)
Tuesday 24th July from 1.30pm – 5.30pm and 6.15pm – 8.00pm (Surnames M-Z)

PTO will be available from Friday 29th June from 10 am and will remain open until 7 am on the day of the interviews.

If you have any concerns or difficulty with the process please contact the College.
Upcoming Exams

The ability to concentrate and to use your time well is everything if you want to succeed.

Lee Iacocca

Trials for Year 12 are scheduled for Term 3 in weeks 3, 4 and Monday of week 5. If any student is unable to attend their examination due to illness or misadventure the normal College policy will apply of notifying the Office in the morning and completing the appropriate paperwork upon return to school. Good luck with all students as they use this time to prepare for these examinations.

Refer to the Board of Studies website for assistance with good study habits: www.boardofstudies.nsw.edu.au

Wearing the correct uniform

The students will remember that I have been reminding them of the need to be in correct school uniform. Over the two weeks of the school holidays there is an opportunity to have uniforms cleaned and repaired, hem lengths on the skirts and tunics checked and lowered if needed, school jumpers found again and appropriate sports and school shoes purchased or repaired where needed.

If uncertain as to what constitutes “correct uniform” please refer to pages 19 to 21 in the Student Diary.

We would particularly like to draw your attention to the section on grooming. While the holidays allow for a certain amount of freedom it is essential that the students upon their return follow the requirements regarding hair (length and colour), piercings and appropriate jewellery.

The following are the College Sports afternoons. Only on these days can your son or daughter wear their sports uniform to school.

Monday Year 9
Tuesday Year 10
Thursday Year 8 and any representative teams
Friday Year 7

Could you make sure your child/ren adhere to the correct dress code.

In the Year of Grace let us become familiar with the National Prayer:

Gracious God,
You have blessed this ancient land with many gifts, especially its people.
We thank you for the Year of Grace, a time to start afresh from Christ.
You invite us to contemplate the face of Jesus your Son, that we may experience a new wave of grace, and that the light of Christ may burn more brightly in our lives.
Attune our hearts and minds to the presence of your Holy Spirit, that our Church may be transformed, our relationships be healed, and our nation grow in compassion and justice.
With the intercession of St Mary MacKillop, who showed us new ways of living the Gospel, we make our prayer through Christ our Lord. Amen.
Mary, Help of Christians, pray for us.
Pastoral News

Year 11 have had a busy few weeks.

All students should have received their Semester One reports by now. Most students are to be congratulated on their results. At the beginning of next term I will be interviewing some students and, where necessary parents, to discuss how we can improve results, so that all students can achieve the best.

Students are also reminded that if they are away and miss an assessment task they must get an Dr’s certificate to cover their absence – if they are sick and fill in the Illness/ Misadventure form upon their return. Failure to follow the appropriate procedures will lead to a penalty, which may ultimately result in the student receiving 0% for the task. This will have a very detrimental effect on the end result. Please read the assessment handbook to check what needs to be done.

Students have also seen a production by Brainstorm Productions called “Wired”. This play explores the reasons why young people can become stressed and acts as a springboard for discussion about physical and emotional well being.

The show addressed issues such as the symptoms of stress, depression, subject choices and setting long term and short term goals.

I would like to wish everyone a safe and happy holiday.

Kate Todd, Year 11 Coordinator

Year 10

As another busy term draws to a close, I would like to remind Year 10 Parents/Caregivers and students about upcoming events in Term 3.

1. Parent Teacher Night:
- Surnames from A-M is on Wednesday 18th July.
- Surnames from N-Z is on Tuesday 24th July.
If you are unable to attend, please ring the College and leave a message for me or alternatively, an email.

2. Subject selection information for 2013 will commence early August, in Week 4.

3. An Excursion in Week 6, attending a Youth and Road Trauma Forum, now known as “bstreetsmart.”

During Tutor Lessons for next term, all students will be focusing on Study Skills with their Tutor Teachers.

Have a safe and enjoyable holiday.

Angelo Solomonides, Year 10 Coordinator

Year 9

Thank you for returning all the Camp letters. Reminder, Camp is Week 3 of Term 3 so please check the Student Gear Checklist and get any equipment you do not have over the holidays. A copy of the letters for camp are on the St Leo’s website.

Have a safe and fun holiday.

Peter Trainer, Year 9 Co-ordinator
Mission News

Come Join Us in Eucharist
Every Tuesday from 8 am
Every Friday from 1.05 pm
Mass in the College Chapel

St Vincent de Paul Winter appeal
A big thank you to those families who donated to the appeal.
God bless you.
Mrs Boguradzki and the Social Justice Team

THE DIOCESE OF BROKEN BAY
AND
THE GUILD OF ST STEPHEN

Invite you to a Faith Enrichment Seminar
“Living our Baptism”
Nourished by the Word - Sr Michele Connelly rsm

THE WRITINGS OF ST PAUL
14th July 10.00am -2.00pm
Our Lady of the Rosary Cathedral,
Yardley Avenue, Waitara.
RSVP
1 week prior to each session is helpful but not essential
Anne Chang: 43853163/ 04117853142
BYO Lunch - Light refreshment provided

Our Lady of the Rosary Cathedral is an easy five-minute walk from Waitara Station.
For those travelling by car there is ample parking at the Cathedral.
News from around the College

Debating News

Two teams made it through to the elimination round held on June 15. The Year 10 team was narrowly defeated by a Christian Brothers Lewisham team. Our Year 9 team continued its run of excellence and won over a team from Mount St Benedict.

In the Quarterfinal round, held on June 22, the Year 9 team won again against a team from Christian Brothers Lewisham. Our team was negative to: That there is no such thing as Australian culture. The three adjudicators were unanimous in their decision. This team nearly had to forfeit because so many members were also taking part in Showcase but Mark Bell graciously stepped in at short notice.

We wish Year 9 well in the Semifinal round to be held on July 20 at Our Lady of Mercy College Parramatta.

Neryle Sheldon
Debating and Public Speaking Coordinator

Library News

Farewell to Clare Hinchey, library assistant
After five years of service in the library, Clare Hinchey is retiring at the end of this term. Clare has been a valuable member of our library team. Her warm yet firm manner and her unfailing service ethos help maintain the quality of the school library environment which both staff and students enjoy. We wish her well in her future endeavours.

Neryle Sheldon
Teacher Librarian

A Second trip to Timor Leste for Miss Heugh

On Monday 2nd July, I’ll be heading over to Timor Leste (East Timor), to meet with approximately 100 teachers, in both Bacau, and Same. I’ll be travelling with Ryan Herbert and Noela Fleming (from MacKillop Catholic College), to assist the Timorese science teachers in the concepts of ‘Investigating’ as well as both Physics and Chemistry practical Experiences.

This venture has been organised by the District Education Minister of Timor Leste, along with teachers from local science teachers associations, who will be travelling with us to view our work, however the three of us are funding all costs ourselves, as independent volunteers. We will firstly be spending 3 days in Bacau with 50 teachers, followed by another 3 days in Same with 50 teachers. It is a nine hour journey between the two locations. We are hoping to discuss teaching methods we use here in Australia, as well as the challenges faced by Science Teachers in Timor Leste. Of course, we will also be travelling around Timor to experience the local culture and customs.
It is a very exciting time for the country at the moment – it is 10 years since independance; and on the 7th July, the last round of the Presidential elections will take place. This ultimately means we need to exercise a high degree of caution in East Timor because of the uncertain security situation and the possibility of civil unrest.

Some quotes from the DFAT website, give an indication as to the current situation:

“On 27 March 2011, legal responsibility for policing in East Timor was handed over from the United Nations Police (UNPOL) to the East Timorese National Police (PNTL). The PNTL is primary contact point for policing matters. Additional security is provided by the International Stabilisation Force (ISF) which consists of Australian and New Zealand Defence Forces personnel.

You will need to avoid demonstrations, protests, street rallies and other large public gatherings as they may turn violent. These events may increase in the lead-up to and on days of national, political or historic significance. Parliamentary elections are scheduled to be held on 7 July 2012. From time to time, protesters have expressed anti-Australian sentiments and threats have been directed towards Australians and Australian interests.

Violent disturbances, often resulting from minor disputes, can erupt in Dili without notice and escalate quickly. Be particularly vigilant, especially at night, in the vicinity of markets, particularly Comoro Market and in other areas where there is a concentration of people. You should immediately leave the area if a dispute breaks out.

East Timor is in an active seismic zone and is subject to earthquakes.”

Yikes!!!…Yes well, now I understand why my Year 9 science class decided that they would not go, if they were given the opportunity to assist.

Anyway, I’ll be taking my chances, and it should be a very rewarding and eye-opening experience. This is my second time in Timor Leste (last time doing Mathematics training in Aileu in 2009), and hopefully some of the small contributions we are making, is making some difference (especially for education) in Timor Leste.

I would like to sincerely thank St Leo’s Catholic College, who has made a small financial contribution to my on-ground costs, which will help me out significantly.

Karen Heugh

Music News

PAWS @ Galston, PAWS Ensemble Evening and Yamaha Festival

We all arrived at Galston Gorge Conference and Recreation Centre on Friday 1st June at 6:30pm in the pouring rain. 40 music stands, 2 drum kits, a keyboard plus all of our individual instruments were set up in The Eagle View Room. Everyone moved to this room to find out where we would sleep and how the camp would be run. We all settled in and then started with our first rehearsal – a combined Symphonic Band, Concert Band and Bel Canto over 60 students – a huge sound. Afterwards, we had supper and went to bed (eventually).

The next day, each ensemble worked separately. Symphonic Band needed to continue their preparation for the Yamaha Band Festival and began to dissect the individual pieces bit by bit, improving them as much as possible. We worked especially on Defying Gravity, our most difficult but exciting piece.

We then split off into our sections to work on the specifics of the pieces. I was with the trumpet section, and had the old Symphonic Band conductor, and my old tutor, Matt Dempsey (now principal trumpet for the Adelaide Symphony Orchestra). We also had specialist tutors for flute, clarinet lower brass and percussion. We worked on our unison and harmonizing as a section specifically, working to better ourselves as a group. To help us listen to the other instruments around us.

Over the weekend there were many sectional rehearsals as well as full band rehearsals and this intensive practice with our conductor Lemin Luu gave us the opportunity to develop the skills needed to perform at our best.

Conor Quinlan  Year 10 , Trumpet Section Leader

On the afternoon of the first of June, Symphonic Band, Concert Band and Bel Canto spent their weekend at Galston Recreational Centre. We arrived, knowing that we were all tired, we immediately jumped into rehearsal. It was an amazing first rehearsal as it had included all ensembles, with Bel Canto singing ‘Sway’ and the ‘Abba Medley’ – with, of course Symphonic and Concert Band accompanying. There weren’t any microphones, so Bel Canto were left to brave the dominance of the other instruments.

Rehearsing with Bel Canto was one of the highlights. We had some good times laughing and rehearsing new pieces. I especially love the song ‘Tears in Heaven’, written by Eric Clapton, it’s so beautiful.

Although Bel Canto hadn’t done as much rehearsal as the other bands (because we know we’re that good – haha), they were privileged to a lot of free time. We’d spend our time in our cabins, or playing chess, playing ping pong, chilling out or even watching a movie. Apparently Mrs Gauci took advantage of the opportunity to make a whole new ‘breed’ of Phantom of the Opera fans!
We had heaps of fun, getting to know other people from other bands and year groups. There were ping pong tables that were usually in use by the boys… I never got a chance to play on them, but I was challenged by many to play on a giant chessboard (No doubt, I won ‘most’ of them). The food was great! I loved the chocolate milk. Despite the depressing cold and rainy weather, we had a great time!

- Bona May Sulitas, Year 10, Bel Canto Leader

A week later on Friday evening 8th June all ensembles performed at the PAWS Ensemble Evening. Concert Band and BelCanto performed Sway and an ABBA medley together as well as pieces they had individually prepared. Symphonic Band played the 3 Yamaha Festival pieces displaying amazing musical development. The audience were delighted.

There was one more rehearsal before the performance at the Yamaha Festival (B section) held at UTS Lindfield on Thursday 14th June. For the first time in many, many years our Symphonic Band was awarded Gold! Congratulations to Lemin and Symphonic Band.

Carolyn McFarlane (Music Coordinator)

Visual Arts

On Thursday 14th June, Year 11 Visual Arts students meet on a dark and chilly morning at 5.45am to depart for art camp at Bundanon. There they enjoyed 2 days of art making workshops at the Arthur Boyd estate which is located on the banks of the Shoalhaven River near Nowra. The days were spent completing art workshops run by the Education staff at Bundanon as well as St. Leo’s staff.

The first day was spent visiting the Boyd homestead and studio. The homestead houses a large collection of art works from various members of the Boyd family who were prolific in their art making and experimental in the wide variety of art media and materials they used.

The students were given the chance to visit the Resource room which houses a large collection of artworks created by artists as part of the the Artist in Residence program. Students were able to understand an artist’s Body of Work whilst viewing part of the collection of works donated by artists who have completed residencies in the past.

After seeing the Boyd’s response to the landscape surrounding the homestead, including works depicting the 4 boulders and pulpit rock, students wandered through the paddocks, past wombats, cows and kangaroos to paint and draw “plein air” down on the riverbank using ink and charcoal.

The evening was spent enjoying the property at Riversdale, taking in the magnificent views of Longreach (stretch of the river) and taking delight in the Glen Murcutt designed accommodation, which included long panoramic windows to allow you to take in the view whilst in bed. After a scrumptious dinner students partook in another artmaking workshop run by myself using oil pastels.

The next morning we arose early to take in the spectacular sunrise over the river. After breakfast the students participated in another workshop run by the education staff, title Mosaic Landscape. Students were given the opportunity to create a mixed media piece drawing using ink, pen, graphite after exploring the area around Riversdale including the rainforest and creek.

The students are to be commended for the hard work and focus they showed during the camp. They worked into the evening and made every effort to finish their works to the best of their ability. The staff at Bundanon were very complimentary of our students, they were a credit to themselves and the College.

Juliette Carson
Visual Arts Coordinator
Gifted to the Australian people in 1993 by Arthur and Yvonne Boyd the Bundanon property (which includes the Bundanon Homestead site and the Riversdale site) is located on 1,100 hectares of pristine bush land overlooking the Shoalhaven River, near Nowra in New South Wales, two and a half hours south of Sydney. The Australian Government established Bundanon Trust as a wholly owned Australian Government company limited by guarantee, with the Company holding the gift as a charitable trust. The Trust's Board of Directors reports directly to the Minister for the Environment, Heritage and the Arts, who in turn appoints the Chairperson and the Directors.
AEROBICS GROWS FROM STRENGTH TO STRENGTH

On Saturday 26th May our 7 aerobics teams competed in the Preliminary round of the Schoolaerobics competition for 2012. The girls all performed fantastically, with all 7 teams qualifying for the State Championships.

State champs were held on the 16th June at The Sutherland Entertainment Centre. From the moment they arrived, the girls were focused, excited and ready to give it their all. Each and every team gave a stunner performance with results as follows;

Stage 1 (Open): 1st Place
Competitors include Gaudette Talens, Gelina Enriquez, Janetta Byrne, Lucy McNay, Nicola Thompson and Emma Nearmy. We are so proud of these girls who received a score of 86.90, and a berth through to the National Championships.

Stage 2: 2nd Place
Competitors include Ashleigh Schultz, Ruby Ford, Grace Khamis, Kiah Sevelle, Jill Haertsch, Bronte Savvas and Kirsty Pennings. Our Stage 2 team performed amazingly, to receive a score of 83.60, and a berth through to the National Championships.

Secondary Aerobics: 5th Place
Competitors include Bethany Baynie, Lauren Briscoe, Jasmine Santone, Vanessa Mawby, Mickaela Lee and Kaitlin Green. A fantastic routine by these girls, on a score of 75.

Open B: 2nd Place
Competitors include Sophie Carse, Charlotte Ball, Nicolette McArdle and Sheldon Crossan. A huge comeback made by this team who received a score of 82.80 and a berth through to the National Championships!

Open B: 3rd Place
Competitors include Katy Oswald, Sophia Anicic, Katie Hunter and Emma Foreman. Our fantastic team of Year 12’s gave it their all for their last State Championships with Schoolaerobics! Very proud of these girls who received a score of 78.

Secondary Junior: 3rd Place
Competitors include Elouise Princi, Amelia Garrick and Emily Kauffman. An excellent performance by these girls who received a score of 74.30.

Open A: 4th Place
Competitors include Ellen Moran, Claire Armstrong, Natalie Foti and Olivia Dahdah. We are very proud of our Open A team who received a score 74.40.

We are extremely proud of ALL girls who have trained so hard and competed to the best of their ability! A Huge congratulations to the three teams that will be competing at the National Championships on the 19th August. Good Luck girls!
- Sarah Baynie, Maddie Hogarth and Alice Crothers
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<tr>
<td>Athletics</td>
<td></td>
<td>Best &amp; Fairest Athlete</td>
<td>Best &amp; Fairest Athlete</td>
<td>Coaches Award</td>
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<tr>
<td>Age Champions</td>
<td>U12's</td>
<td>Karla Schweiger</td>
<td>Nathan Gupthal</td>
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<tr>
<td>Age Champions</td>
<td>U13's</td>
<td>Gabriella Chan</td>
<td>Keeley Bowen</td>
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<tr>
<td>Age Champions</td>
<td>U14's</td>
<td>Natalie Feit</td>
<td>Griffin Carroll</td>
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<tr>
<td>Age Champions</td>
<td>U15's</td>
<td>Nicole Deggins</td>
<td>Nicholas Wood</td>
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<tr>
<td>Age Champions</td>
<td>U16's</td>
<td>Nicolette McAreedy</td>
<td>Richard Anderson</td>
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<tr>
<td>Age Champions</td>
<td>Open's</td>
<td>Bethany Halmy</td>
<td>James Burrell</td>
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Parent Network

Are you looking for a way to engage or connect with your child’s school?
This week we are looking at College Event Co-ordination/Catering

If you are interested in getting involved on a “one-off” basis, then helping with the co-ordination &/or catering at one or more of the College’s events could be for you….

What sort of events do you mean?
Over the school year, St Leo’s conducts many social events. In order to host these events they seek the assistance of the parent community to organise refreshments and help at the event. Having parent helpers adds a friendly and welcoming atmosphere for guests. You may have participated in some of these events yourself, for example:
- Parent Information evenings
- Mothers’ Day morning tea
- Fathers’ Day morning tea
- College Open Day
- Principal's Update evenings
- Year 7 Welcome BBQ
- Year 10 & Year 12 Graduation Assembly

Who co-ordinates these events?
Each event will have between one & three co-ordinators. The co-ordinators will liaise with a representative from the College.

Some of the events will have a year group assigned to them. For example year 7 may be responsible for the Fathers’ Day morning tea – in which case the Year 7 parent representatives will assist in the co-ordination of this event.

How will I know what to do?
The Parent Network has put together Event Plan documents for all types of events. These plans explain what equipment you will need for the event, who to contact to obtain the equipment, how many helpers will be needed, suggestions on what food/drinks to serve & where to get it from. These Event Plans are based on our experiences from past events.

If you have offered to be a co-ordinator, you will be provided with an Event Plan, which you can use as a guide to help you with each step. If you are volunteering as a helper, your co-ordinator will let you know what you will need to do. It’s all easy stuff – setting up tea/coffee, preparing fruit, putting food onto platters, setting up a few tables…

Will I have to stay for the whole event?
No. The event co-ordinators will generally break every event down into 3 “shifts” – set up, serving & clean up. We appreciate your assistance, even if one hour is all you can spare. Of course, if you can stay longer, that’s great!

But I’m busy at work or with the needs of my active family…
We absolutely understand that! There are a variety of events at various times of day, so hopefully there will be an opportunity which will fit in with you.

We are not asking for an ongoing commitment – perhaps just squeezing in an hour or two to help for an evening or a morning. This also provides an opportunity to meet other parents and enjoy some good company – it’s not all hard work!

Without the contribution of parent helpers, many of these events would not be as enjoyable for the participants, and the parent helpers usually have fun too.

How will I know when helpers are required?
Keep an eye on the Parent Network section of The Pride. Requests for parental assistance will be published here. Event co-ordinators may also send an email directly to their year group, calling on helpers.

There are some fantastic mums & dads who have helped at many of these events – it would be great if you could join us for an hour, an event or maybe you’d just like more information …. we would love to hear from you!

Upcoming events

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Get involved</th>
</tr>
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<tbody>
<tr>
<td>Friday 29th July</td>
<td>Year 8 Night Out at Xtreme Playzone</td>
<td>For full details, see Communication to Parents section of the College website.</td>
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<td></td>
<td></td>
<td>To RSVP, please call 0425 305-950.</td>
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<tr>
<td>Saturday 4th August 2012</td>
<td>College Dinner and Dance</td>
<td>Hornsby RSL. Live Band. Invite adult friends and families. For more information or if you have any queries please contact Kathryn Carmody, Team leader via email <a href="mailto:kathryn_carmody@yahoo.com.au">kathryn_carmody@yahoo.com.au</a> or telephone Virginia Gahan, Committee member 9476 8724.</td>
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CYBERSAFETY – YOUR VIEWS ARE SOUGHT
The Australian Government is inviting all Australian teachers and parents to join the Teachers and Parents Advisory Group on Cybersafety (TAP).

The TAP is an opportunity for teachers and parents to:
1. share ideas, concerns and solutions on cybersafety issue such as cyberbullying, identity theft, digital footprints, and mobile phone safety with their peers;
2. share information with the government about how best to promote current and future programs and how to ensure that future initiatives, such as the cybersafety help button, respond to the needs and concerns of parents and teachers; and
3. provide advice regarding cybersafety initiatives and programs that have been successful in their home, school and/or local community

Advice from the TAP will be used to inform government cybersafety programs and initiatives aimed at keeping families, especially children, safe online.

TAP members will discuss cybersafety issues via a secure, moderated online forum. Members will be able to post live on the TAP site, 24 hours a day and seven days a week.

For more information or to nominate contact tap@dbcde.gov.au or call Kerrie Westcott on 02 6271 7411.

Do you want to have some fun, meet new people examine and discover more about your faith these Holidays?

JOIN US AT THE HORNSBY CATHEDRAL PARISH YR.10-12 YOUTH GROUP FOR YOUTH CAMP
WHEN: 29th June (Friday) to Sunday 1st July
TIME: 7pm Friday – 3pm Sunday
WHERE: OLOR MultiPurpose Hall
23 Yardley Avenue, Waitara
COST: $45

There will be good food, games, skits, video clips, live music and inspirational talks from youth.

For registration forms and all other information: check the Hornsby Cathedral web site and click on youth info.
Or ring: Pat 0420 524 824 or PJ 0433 028 910
REGISTRATION CLOSES: Wednesday the 27th JUNE
Information Series for Parents/Carers

Living with Teenagers

Transitions, Body Image, Stress, Technology

Parents and carers are warmly invited to attend the 2012 series of information sessions.

When?

<table>
<thead>
<tr>
<th>Date</th>
<th>Presenter</th>
<th>Topic</th>
<th>Location</th>
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<tbody>
<tr>
<td>Wed 6th June</td>
<td>Greg Powell</td>
<td>Surviving Stress (study and exams)</td>
<td>Hornsby</td>
</tr>
<tr>
<td>Tue 12th June</td>
<td>Greg Powell</td>
<td>Surviving Stress (study and exams)</td>
<td>Galston</td>
</tr>
<tr>
<td>Wed 1st August</td>
<td>Angie Wilcock</td>
<td>Successful Transitions to High School</td>
<td>Hornsby</td>
</tr>
<tr>
<td>Thu 7th August</td>
<td>Angie Wilcock</td>
<td>Successful Transitions to High School</td>
<td>Galston</td>
</tr>
<tr>
<td>Wed 22nd August</td>
<td>The Butterfly Foundation</td>
<td>BodyThink for Parents</td>
<td>Hornsby</td>
</tr>
<tr>
<td>Tue 11th September</td>
<td>The Butterfly Foundation</td>
<td>BodyThink for Parents</td>
<td>Galston</td>
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<tr>
<td>Tue 16th October</td>
<td>Reach Foundation</td>
<td>Understanding Social Networking – Cyber Strategies</td>
<td>Galston</td>
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<tr>
<td>Wed 24th October</td>
<td>Reach Foundation</td>
<td>Understanding Social Networking – Cyber Strategies</td>
<td>Hornsby</td>
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Where?

<table>
<thead>
<tr>
<th>Location</th>
<th>Address</th>
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<tbody>
<tr>
<td>Hornsby</td>
<td>Mission Australia – 1 Coronation Street</td>
</tr>
<tr>
<td>Galston</td>
<td>Community Health Centre - 17 Arcadia Road</td>
</tr>
</tbody>
</table>

Who?

Greg Powell has worked as both a clinically-trained psychologist and a primary school teacher. He is an experienced presenter and has given seminars for both adolescent and adult groups in Northern Sydney across a variety of topics relating to parenting, education and mental health.

Angie Wilcock is an Australian expert and speaker on transitions in education. A published author with a strong teaching background, Angie now works with teachers, parents and students in this specialised area. Her sessions are a mix of humour, information and real strategies to support families.

Dove BodyThink for Parents has been designed to inform and educate parents about self-esteem, body image, media literacy and the many factors that influence and impact children growing up in today’s world.

Reach Foundation was established in 1994 by Jim Stynes OAM (AFL Brownlow Medalist) and Paul Currie (Australian film director). Reach has been making a positive impact on the lives of young Australians for nearly 20 years, promoting mental health and well-being.

Enquiries/Bookings

Please contact CAFS (Mission Australia) on (02) 9482 1366 during business hours. Bookings are essential.